

# European Federation of National Associations of Orthopaedic Sports Traumatology

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## MESSAGE FROM THE PRESIDENT

Brussels, the 28<sup>th</sup> of May 2009,

Dear Friends,

As we see in Belgium the first appearance of nice and sunny weather, we know that the summer is announcing.

Two years ago, May 2007, on my election as the President of EFOST, I did you some promises: I wanted EFOST to become more active, more communicative and more expansive to Europe. I believe, with the help of our strong Executive Board and a good working Full Board, I can see that part of our mission has been realised. We are not yet at the end of the tunnel. Some challenges were anticipated others were not.

Quite a few of the board members attended the ISAKOS Meeting in Japan, where we had a very well attended Board meeting in the Ritz Hotel and where some new ideas were born.

Three honorary members of Efast have been proposed and accepted by the Board: Professor Bergfeld, Cleveland Clinic (USA), Professor Woo, Pittsburg, (one of the finest researchers in the orthopaedic world) and Professor Mitsu Ochi, not only the program chairman of the ISAKOS Meeting in Japan, but well known as a producer of many papers, good research, and innovative taughts.

On the 16<sup>th</sup> of May 2009, a full Board meeting was organised in Brussels, at the Pergola Auditorium.

Eight Board members were attending this meeting: I thank them for their presence during that remarkable week end.

Some important points were repeated and stressed.

The finances of EFOST are looking well: we are trying to keep the finances in good position and thanks to our treasurer Pr. Doral and our General Manager, Mr. De Bock, we are able to put some money in a higher interest account.

Some new sponsors were contacted and the contacts will be repeated to get some partnership with Storz, Conmed, Smith-Nephew.

We decided a two year period of support between congresses.

The Newsletter was discussed and the Board decided to have a Newsletter three or four times a year: every one has to participate and to provide some material.

Mahmut Doral and Gideon Mann will produce some guidelines and propose these very soon. The Newsletter should be a mixture of scientific work. companv messaaes.

The countries who are already full members of EFOST will receive soon the invoice to pay 1500,00 € as annual fee. Mr. De Bock, who took over as a General Secretary, will send the invoice to the delegates personally.

The new countries, potential candidates and the names of the delegates will be published on the web site.

Countries as Spain, Italy, Germany, Switzerland and Scandinavia need more involvement with EFOST. The upcoming EFOST Meeting in Vienna might be an ideal place for lobbying and for attracting people to the EFOST Federation.

Burt Klos and Christian Fink have prepared a very nice program for the Specialty Day on the 6<sup>th</sup> of June 2009, 8.30 in the morning, during the EFOST Congress.

The Efort Specialty Days will be carefully assessed from this year on, so every present member should attend the EFOST Specialty Day.

For the next Specialty Day : (Madrid 2010), Gian Luigi Canata has accepted to chair the meeting and the second name (from Spain) will be discussed with Carlos Esteve Miguel.

EFOST has received an invitation from ESSKA to fill 90 minutes, to organise a symposium during the Oslo meeting 2010.

The topics are: "ACL Tears in High Level Athletes": We have ten speakers with eight minutes each. The final program will be discussed by email.

Brussels 2010: Pr. Verdonk and Pr. Clancy accepted to be the Honorary Presidents of the meeting. MCO organizes the congress, and the congress will be held in The Square, a brand new conference centre in the centre of Brussels.

Endorsement will be asked from ISAKOS and as the president of the SECEC has accepted to give a key lecture on Saturday we will ask SECEC for approval-patronage.

Every single member of EFOST should make a note in his agenda to attend to the 6th International EFOST meeting: 25<sup>th</sup> to 27<sup>th</sup> of November 2010.

We are working together with ALLPRINT for the audio visual and printing material and with BTS (Belgium Travel Service) who will provide the web site with links: particular flight information will be available on the web site: you enter your time of desired departure and arrival. BTS will give you all the flight options, even hotel accommodation will be booked through them.

Flyers and posters are available from the Board members.

Fredrik Almqvist and Philippe Landreau are in charge of the scientific meeting and pretty soon a call for Abstracts will be sent out. Please prepare your papers to be presented in the Brussels 2010 meeting. ESSKA is invited to organise a symposium

We also have some information about the EFOST 2012 meeting: Roger Hackney and Nik Maffulli are in charge to organize the World Trauma Sports Meeting. The meeting will be combined with the EFOST meeting. The co-chair for the meeting from the EFOST part is François Kelberine.

Roger Hackney has already an agreement with the British Orthopaedic Association to provide the administrative and secretarial support.

Roger Hackney is chairing the organizing committee and the program committee, Nik Maffulli the scientific committee.

In the organising committee, your president will have a seat in the program committee, Pr Mahmut Doral.

The meeting is both the World Congress and the EFOST Congress at the same time.

One of my mean points in Florence was the organisation of the EFOST DJO fellowship. Today we can say that we have been very successful, with François Kelberine as responsible Board Member for the fellowship committee: two Americans (Bill Wind and Michael Rauh) came to Europe and travelled through Europe. They gave outstanding lectures in different places, to end at the Antalya meeting, November 2008.

The reports were very positive as we heard and from the fellows and from the hosting centres.

Two Europeans fellows, Mike Carmont( UK ) and Omer Mei-Dan ( Israel ) went to the US and travelled to the Cleveland Clinic, the Iowa University, to San Francisco, and to Los Angeles, to end at the Specialty Day at the AAOS meeting in Las Vegas, March 2009.

Again the director of the centres and the fellows wrote very interesting reports about this fellowship.

The next fellowship will run from the US to Europe: two surgeons will travel to different centres in Europe: Israel and Greece already have presented their candidature, to be hosting centres in 2010.

The definitive places will be discussed early 2010.

The fellows will give their final lectures during the Brussels 2010 Meeting.

I have to thank François for his very nice work in organizing the fellowship.

In the near future, multi centric trials will be organised with the EFOST members taking part of this trial. We are asking for suggestions, to be sent to one of the Board members.

Manv of our members will attend the EFOST Meetina in Vienna: the Board has decided

Date of the meeting: Friday the 5<sup>th</sup> of June, 04 PM to 6 PM. (Place TBD)

If you are a delegate of your country and you attend the EFORT Meeting, please let us know and we hope to see you, together with the Full Board, during the Efort Congress in Vienna.

Our relation with Efort, our big umbrella is very good and we communicate very regularly: Your president will attend all the presidential meetings during the Vienna meeting.

We are working on the program for the EFOST Specialty Day in Madrid 2010

Please send us your opinion about our efforts: we like to debate and to have some more input from the members. There are still many projects, many challenges, and many things to do. We can be quite positive: the web site is updated, the news letter will be sent to you regularly, the DJO fellowship is nicely organised and our Specialty Day Meeting and our International European congresses are discussed and organised far ahead.

I wish you all a great summer, a nice time for vacation too, but please take some time to mail us some critics, news, information or proposals.

The EFOST web site is your website, please use it and we try to do our best to update the information.

Hope to see you in Vienna in a few days.

**J. Huylebroek, M.D.**

**EFOST President 2007-2010**

SMOC Sport Medisch & Orthopedisch Centrum  
CMSO Centre de Médecine Sportive et Orthopédie

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**SOME HIGHLIGHTS OF EFORT 2009:  
More than 8,000 Orthopedic Specialists Gather in Vienna**

"The EFORT met during the last day, discussing ski injuries and sport related issues. Below are a few of the interesting issues discussed."

**Sports Injuries: Improved Diagnosis and Therapy – Skiing is Getting Safer**

*Two items of good news for skiing enthusiasts: contrary to widespread popular perception, the number of people injured in skiing accidents has continued to sink for years. However, for those for whom a ski run ends in hospital, constantly improved diagnosis and therapies are available. New surgical techniques make a marked difference for sportspersons with injuries, as sports medical specialists report at the EFORT 2009 Congress in Vienna.*

Vienna, 3 June 2009 – The number of skiing accidents in recent years hasn't increased, but decreased. Ski carving and snowboards have not made the slopes more dangerous, as sports medical specialists report today at the Congress of the European Federation of National Associations of Orthopedics and Traumatology (EFORT), taking place from June 6 to 9 in Vienna, with more than 8,000 participants from around the world. A symposium is dedicated solely to the subject of sports accidents and patient care at this major scientific event, in which medical attendants from a number of national ski teams are also taking part.

**Safer skiing: Number of injuries falls in Europe**

In public perception and debate, skiing is often regarded as increasingly dangerous, a view which presumes a connection to the growing use of carving skis. The moderator of the EFORT symposium on the subject, the Innsbruck orthopedic surgeon Prof. Dr. Christian Fink, says this is inaccurate. "As the scientific literature shows, the number of ski accident victims is continually falling. And using carving skis, on closer inspection, has proved to be no more dangerous than using conventional skis."

Thus in Austria, where skiing is a very popular sport, the number of people treated in hospital after skiing and snowboard accidents has fallen, as statistics from the Traffic Safety Board demonstrate. While in 2004 around 68,700 patients had to be admitted to hospital because of skiing accidents, in 2006 the number fell to 59,100, a 15% drop. Analyses carried out by the German Ski Association also demonstrate a continuing decline in the numbers injured. During the 2007/2008 season, compared to 1979/80, the first season for which figures are available, there were 50% fewer injuries in Alpine sports in Germany per 1,000 skiers. The trend evident in Austria and Germany is matched by developments in Switzerland.

**Injuries to the knee predominate**

injury to ligaments in the region of the knee. The hip is the second most common injury site, followed by the shoulder. The head accounts for only 10% of injuries," says Prof. Fink.

There have been major changes in diagnosis and therapy. Diagnostic arthroscopy, which is to say endoscopy of the joints for diagnostic purposes, is increasingly a thing of the past in a growing number of cases because of the alternative method of magnetic resonance tomography. Major progress has also been made in the area of knee operations, says Prof. Fink: "Many more operations using minimally invasive methods can already be carried out today than was the case just a few years ago. And these days not every ligament injury has to be operated on. We can in the meantime select much more exactly those patients who would profit from an operation." New findings are also available on optimal timing of operations. They should be carried out either in the acute phase, that is within 48 hours of an accident, or not until 3 or 4 weeks later, when trauma around the joint has subsided. This approach contributes to improved therapeutic success, says Prof. Fink.

### **Medical advisors from European national teams attend the EFORT Congress**

What is true of sport as practiced by the general public is also true of top sportspeople: Ski racing in world class competition has not become more dangerous than before. At the EFORT Congress, the medical advisors of national ski teams from Germany, France, Italy and Switzerland, together with the director of the Stams secondary school where skiing is a special subject, and the chief trainer of the Austrian women's squad, are discussing the latest developments in this field.

Top sportspeople appear to be given exceptional care after accidents. But Prof. Fink says this is a misconception. "When top stars very quickly return to competition after a skiing accident, the impression is often created that they are treated surgically, or by other methods, in a different fashion to the general public. That is not the case. The methods are the same." The difference lies in after-care and rehabilitation, says Prof. Fink: "Top sportspeople invest far more time in rehabilitation. And they are also ready to take far greater health risks to return to competition than would ever be advisable for a hobby skier."

The main risk factors for injuries incurred while skiing: Top of the list, says Prof. Fink, is fatigue, and second comes overestimating one's abilities and too fast a speed. "Many untrained skiers are fatigued after a couple of hours, but carry on skiing the whole day. That is why most ski accidents occur in the afternoon." Fink mentions the growing acceptance of the need to wear a ski helmet as a positive development. But he says especially among adults there is still much to be done here.

### **New treatments for fractures of the clavicle**

Sessions at the EFORT-Congress cover a number of recent advances of interest to top sportspeople and also to the general public – not only in the field of skiing.

treatments for fractures of the clavicle," says Dr. Burt Klos (Eindhoven, The Netherlands) who chairs a sports related session. Such an injury used to be treated very conservatively – surgeons were reluctant to operate. The view was that an open operation was too risky. But without an operation bone shortening occurs which creates other problems such as pain and loss of mobility. The advantages of operating are now widely recognised. "Since there are fewer complications with new techniques, in particular arthroscopy, or minimally invasive surgery, the threshold is lower for conducting the operation, and it is thus available to many more people", says Dr. Klos.

### **Implants for cyclists**

Another new trend discussed at the EFORT Congress is the use of implants for injuries to the acromioclavicular joint, the joint at the top of the shoulder. This involves new techniques using screws and wiring to fix the clavicle in place. Dr. Klos: "AC joint injuries are especially common among cyclists. Failure to achieve quick and optimal results in this injury can mean the end of a sportsperson's career."

Another new trend discussed in Vienna relates to tearing of tendons of the shoulder. Such an injury makes it impossible to bring the arm up without pain. Such an injury used to be treated conservatively – now with arthroscopy, operations are far more feasible. Biodegradable screws are now used in these procedures. "The advantage of arthroscopy over traditional open surgery is that the joint does not have to be opened up fully", Dr. Klos summarizes. "This reduces recovery time and may increase the rate of surgical success due to less trauma to the connective tissue."

Sportspeople push the limits to the advantage of the general population, the expert says: "They are much more inclined to return to the surgeon if they are not satisfied with results. They prefer an operation because it speeds up recovery time, and they expect to be able to return to previous performance levels. Techniques carried out on sportspeople, for whom much is at stake, then establish what is good and safe for the general population."

### **EFORT media contact:**

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## EFOST 2012

### WORLD SPORTS TRAUMA CONGRESS 2012

These events are being combined in a meeting to be held in London, the host city for the 2012 Olympic games. The venue is likely to be the Queen Elizabeth 2<sup>nd</sup> Conference centre, which is in the heart of the city of London. All the major attractions of this magnificent city are in easy reach of this top class centre. The meeting will be held in early November 2012. The meeting will run over 4 days. We are pleased to have the support of the BOA (British Orthopaedic Association), the BOA (British Olympic Association) doctors group, the new Faculty for Sport and Exercise Medicine, and the British Association for Sport and Exercise Medicine. We will be including an Allied Health professionals programme. The specialist societies of the BOA (Orthopaedic) have been invited to run programmes within the meeting. This promises to be a top class academic meeting with the opportunity to experience all of the unique sight-seeing wonders of London. Put it in your calendar now!

**Roger Hackney**

EFOST SPECIALTY  
DAY DURING  
MADRID 2010  
EFORT  
CONGRESS

Topics: BICYCLE INJURIES and FOOT  
PROBLEMS IN ATHLETES.  
Chairmen will be J.L.Canata and  
Carlos Esteve de Miguel

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Congress President

**Dr. José F. Huylebroek**

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EFOST CONGRESS 25-27 Nov  
2010 Brussels Program Chairmen:  
F. Almqvist-P. Landreau

Honorary President: Bill  
Clancy and René Verdonk  
The Congress will include  
different sessions, such as:

- Radiologic
- Foot and ankle
- Legal medicine
- History of orthopaedics in  
Belgium
- PRP and regenerative  
medicine
- Basic research in sports  
medicine and  
traumatology
- CHIREC Session
- ESSKA symposium

SPONSOR : CFR SUPRA

### Application criteria for the 2009 DJO Team Physician Travelling Fellowship

Trip of 2 weeks in US in reference trauma centers linked with sport teams.  
2 fellows in 4 centers (3 days / each) ending at the AOSSM specialty day  
during the AAOS.

Orthopaedic surgeons must be under 40 years, to be selected through their  
involvement in sport medicine field.

Selection will be based upon publications and experience as a team  
physician.

Report at efoست meeting and in the e-newsletter



## FUTURE MEETINGS

9-12 July 2009	AOSSM 2009 Annual Meeting	Keystone Colorado, USA	<a href="http://www.sportsmed.org">www.sportsmed.org</a>
25 July 2009	Current Concepts in the Treatment & Rehabilitation of the Athlete	Lawrence, KS, USA	<a href="http://www.continuinged.ku.edu/kumc/sportsmedicine/brochure.pdf">http://www.continuinged.ku.edu/kumc/sportsmedicine/brochure.pdf</a>
8 August 2009	Hot Topics in Sports Medicine: Preparing for Sideline Emergencies	Nashville – USA	<a href="http://www.mc.vanderbilt.edu/documents/orthopaedics/files/Final%20Hot%20Topics%20Brochure.pdf">http://www.mc.vanderbilt.edu/documents/orthopaedics/files/Final%20Hot%20Topics%20Brochure.pdf</a>
8-18 August 2009	Sports Medicine and Orthopaedics with Hands on Splinting/casting and Joint Injection Models	Southampton – UK	<a href="http://www.continuingeducation.net/course/details.php?program_number=708">http://www.continuingeducation.net/course/details.php?program_number=708</a>
14 August 2009	2009 AOSSM/AAOS Review in Orthopaedic Sports Medicine	Chicago, USA	<a href="mailto:meeting@aaos.org">meeting@aaos.org</a>
23-27 August 2009	Trauma Conference	Thredbo, Australia	<a href="mailto:Events@learningandleisure.com.au">Events@learningandleisure.com.au</a>
31st August – 4th September 2009	The 55th Congress of the South African Orthopaedic Association	Drakensberg, South Africa	<a href="http://www.saoa.org.za/">http://www.saoa.org.za/</a>
9-11 September 2009	3rd Rome International Meeting on Rehabilitation Medicine (RIMORM09)	Rome	<a href="http://www.rimorm2009.it">www.rimorm2009.it</a>
9-12 September 2009	International Live Arthroscopy Festival 2009	Portorose, Slovenia	<a href="http://www.arthroscopy-festival.com;bisierka.simcic@sb-nm.si">www.arthroscopy-festival.com; bisierka.simcic@sb-nm.si</a>
10-11 September 2009	4th International Congress of Slovak Society for Arthroscopy and Sport Traumatology	Bratislava, Slovakia	<a href="http://www.progress.eu.sk/kongresy/ssast09/en/">http://www.progress.eu.sk/kongresy/ssast09/en/</a>
10-12 September 2009	AAOS Hot Topics in Ankle & Hindfoot Surgery	Rosemont, USA	<a href="mailto:meeting@aaos.org">meeting@aaos.org</a>
11-12 September 2009	EFORT Instructional Course	Marseille, France	<a href="http://www.efort.org/getdoc/12fa7bb4-0e7a-4ab5-9128-42d8d8d83aa1/Exhibitor-Manual-EFORT-IC-Marseille.aspx">http://www.efort.org/getdoc/12fa7bb4-0e7a-4ab5-9128-42d8d8d83aa1/Exhibitor-Manual-EFORT-IC-Marseille.aspx</a>
17-19 September 2009	26th AGA Congress - German Speaking Association of Arthroscopy	Leipzig, Germany	<a href="http://www.aga2009.de">www.aga2009.de</a>
17-19 September 2009	The Prague Arthroscopy Course On Cartilage Surgery	Prague, Czech Republic	<a href="http://www.prague2009asc.cz">www.prague2009asc.cz</a>
23-25 September 2009	AFL Sports Injuries Conference	Melbourne, Australia	<a href="http://www.learningandleisure.com.au/index.php?option=com_content&amp;view=article&amp;id=40">http://www.learningandleisure.com.au/index.php?option=com_content&amp;view=article&amp;id=40</a>
23-25 September 2009	2009 - Primary Care Sports Medicine	Burlington, USA	<a href="mailto:uvmcme@uvm.edu">uvmcme@uvm.edu</a>
26 September 2009	AAOS Top Orthopaedic Controversies	Rosemont, USA	<a href="http://www3.aaos.org/education/courses/cm-edaily/0903321ds.pdf">http://www3.aaos.org/education/courses/cm-edaily/0903321ds.pdf</a>
4-8 October 2009	IRONMAN Sports Medicine Conference	Kailua-Kona, USA	<a href="http://www.cmtravel.com/V4_Backup/ironman/default.htm">http://www.cmtravel.com/V4_Backup/ironman/default.htm</a>
7-10 October 2009	The Anatomy, Diagnosis and Treatment of Chronic Myofascial Pain with Prolotherapy	Madison, Wisconsin	<a href="mailto:ocpd@mailplus.wisc.edu">ocpd@mailplus.wisc.edu</a>
10 October 2009	Future Perspectives of PLC Surgery	Bielsko-Biala, Poland	<a href="mailto:Symposium@lukasza.pl">Symposium@lukasza.pl</a>
14-18 October 2009	6 <sup>th</sup> European Sports Medicine Congress	Antalya, Turkey	<a href="http://www.efsm2009.org">www.efsm2009.org</a>
31 October – 2 November 2009	Brazilian Congress of Orthopaedics and Traumatology	Rio De Janeiro, Brasil	<a href="mailto:cbot@iz.com.br">cbot@iz.com.br</a>

9 - 12 November 2009	The 84th French Society of Orthopedics and Traumatology (SOFcot) Annual Meeting	Paris, France	<a href="http://www.sofcot.fr/colloquium@colloquium.fr">http://www.sofcot.fr/colloquium@colloquium.fr</a>
13-14 November 2009	AAOS/ASSH Advanced Elbow and Wrist Arthroscopy	Rosemont, USA	<a href="http://www3.aaos.org/education/courses/cm-edaily/0903331ds.pdf">http://www3.aaos.org/education/courses/cm-edaily/0903331ds.pdf</a>
12-15 November 2009	The Arthroscopy Association of North America 2009 Fall Course	Palm Desert	<a href="http://www.aana.org">www.aana.org</a>
26-27 November 2009	Orthopaedics and Sports Injuries	London, UK	<a href="mailto:conferences@markallengroup.co.uk">conferences@markallengroup.co.uk</a>
2-4 December 2009	The annual Meeting of the Israel Orthopedic Association	Tel Aviv, Israel	<a href="mailto:hilav@congress.co.il">hilav@congress.co.il</a>
3-5 December 2009	30ème Congrès annuel SFA	Deauville, FRA	<a href="http://www.mcocngres.com">www.mcocngres.com</a>
3-6 December 2009	The 12th Asian Federation of Sports Medicine Congress	Armitsar, Punjab, India	<a href="http://www.afsm2009.com">www.afsm2009.com</a>
4-5 December 2009	25th Annual Hawkeye Sports Medicine Symposium	Coralville, USA	<a href="http://www.docguide.com/crc.nsf/congresses/68B3374B164BD18E8525758D00662B57">http://www.docguide.com/crc.nsf/congresses/68B3374B164BD18E8525758D00662B57</a>
4-6 December 2009	AAOS Top 15 Foot and Ankle Problems	Rosemont, USA	<a href="http://www3.aaos.org/education/courses/course_detail.cfm?course_number=0903328">http://www3.aaos.org/education/courses/course_detail.cfm?course_number=0903328</a>
17-22 January 2010	3rd Advanced Course on Knee Surgery	Val d'Isère, French Alps	<a href="http://www.Kneecourse.com">www.Kneecourse.com</a>
25-28 February 2010	EDDP 2009, International conference on Early Disease Detection and Prevention	Munich, Germany	<a href="http://www.paragon-conventions.com/EDDP2009">www.paragon-conventions.com/EDDP2009</a>
10-13 March 2010	2010 Annual meeting of the AAOS	New Orleans, Louisiana	<a href="mailto:meeting@aaos.org">meeting@aaos.org</a>
15-17 April 2010	7th International Course of Arthroscopic Techniques	Ljubljana, Slovenia	<a href="http://www.ortopedija.si;vladimir.senekovic@kcli.si">www.ortopedija.si;vladimir.senekovic@kcli.si</a>
2-5 June 2010	11th EFFORT Congress 2010	Madrid, Spain	<a href="http://www.efort.org/madrid2010">www.efort.org/madrid2010</a>
9-12 June 2010	14 <sup>th</sup> ESSKA Congress	Oslo, Norway	<a href="http://www.esska2010.com">www.esska2010.com</a>
23-26 June 2010	The 15 <sup>th</sup> Annual Congress of the ECSS	Antalya, Turkey	<a href="http://www.ecss-congress.eu">www.ecss-congress.eu</a>
24-25 June 2010	Amsterdam Foot & Ankle Annual Course	Amsterdam, Holand	<a href="http://www.Ankleplatform.com">www.Ankleplatform.com</a>
2-4 July 2010	7th Asia-Pacific Orthopaedic Society for SportsMedicine / 2nd Japanese Orthopaedic Society of Knee, Arthroscopy & Sports Medicine	Okinawa, Japan	<a href="http://www.congre.co.jp/ioskas2010/e">www.congre.co.jp/ioskas2010/e</a>
20-22 October 2010	International Congress on External Fixation & Bone Reconstruction	Barcelona, Spain	<a href="http://www.externalfixation2010.com">www.externalfixation2010.com</a>
25-27 November 2010	6th EFOST Meeting	Brussels, Belgium	<a href="http://www.efost2010.org;efost2008@flaptour.com.tr">www.efost2010.org;efost2008@flaptour.com.tr</a>
3-5 April 2011	IOC Advanced Team Physician Course	Corsica	<a href="mailto:info@ioc-preventionconference.org">info@ioc-preventionconference.org</a>
7-9 April 2011	International Olympic Committee	Monte Carlo, Monaco	<a href="http://www.ioc-preventionconference.org">www.ioc-preventionconference.org</a>
15-19 May 2011	8th Biennial ISAKOS Congress	Rio de Janeiro, Brazil	<a href="mailto:sakos@isakos.com">sakos@isakos.com</a>





# Deutscher Wirbelsäulenkongress

4. Jahrestagung der Deutschen Wirbelsäulengesellschaft

10.-12. Dezember

2009

Internationales  
Congress Center München



**Tagungsleitung**  
Ao.Univ.-Prof.(USA) Dr. Rudolf Beisse  
Orthopädische Klinik  
München-Harlaching  
Wirbelsäulenzentrum

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# CONGRES ANNUEL

## Annual Congress

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CHU DE CAEN



TRADUCTIONS SIMULTANÉES  
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FRANÇAIS / ESPAGNOL

### SYMPOSIA

L'INSTABILITÉ DE L'ÉPAULE

SHOULDER INSTABILITY à Caen, 4 décembre

L'ARTHROSCOPE DE LA HANCHE

HIP ARTHROSCOPY à Caen, 5 décembre

1979 - 2009  
30<sup>ème</sup> congrès

# Deauville

CID, les 3, 4 et 5 décembre 2009

PREMIÈRE ANNONCE  
FIRST ANNOUNCEMENT

FAC

**6<sup>th</sup>**  
Meeting  
of European  
Federation of  
National Associations  
Of Orthopaedic Sports Traumatology  
**EFOST2010**



**EFOST 2010**  
November, 25<sup>th</sup> to 27<sup>th</sup> 2010

**Belgium**  
Square Brussels Meeting Centre

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